

ACTIVITY Finder

FIND YOUR CHILD'S GROUP, BASED ON THEIR AGE AND THE FIRST LETTER OF THE SURNAME YOU BOOKED UNDER

Where there are multiple sports listed, you can choose which you would like to do. Head to the relevant zone at the start of each session. If your first choice is full, go on to one of the other sports on offer.

SATURDAY

	Foxes Age 7 - A-G	Wolves Age 7 - H-Z	Cheetahs Age 8/9 - A-E	Tigers Age 8/9 - F-M
09:30	Welcome			
Session 1 10:00	Rugby	Dodgeball	Kayak/Lacrosse/ Wheels Extreme	Cricket Dynamos
Session 2 11:15	Golf/ Trampolining	Boxing	Rugby	Judo/Medieval Sword Fighting
Session 3 12:30	Athletics	Taekwondo/ Archery	Boxing	Rugby
13:15	Lunch			
Session 4 14:15	Taekwondo/ Archery	Athletics	Golf/Trampolining/ Skipping	Boxing
Session 5 15:30	Football	Judo/Medieval Sword Fighting	Athletics	Golf/Trampolining/ Skipping
Session 6 16:45	Boxing	Football	Hockey	Athletics

SUNDAY

	Morning Briefing			
Session 7 10:00	Netball	All Stars Cricket	Taekwondo/ Archery	Dodgeball
Session 8 11:15	All Stars Cricket	Golf/Trampolining/ Skipping	Dodgeball	Taekwondo/ Archery
Session 9 12:30	Kayak/Lacrosse/ Wheels Extreme	Hockey	Football	Netball
13:15	Lunch			
Session 10 14:15	Dodgeball	Rugby	Judo/Medieval Sword Fighting	Hockey
Session 11 15:30	Hockey	Kayak/Lacrosse/ Wheels Extreme	Netball	Football
Session 12 16:45	Judo/Medieval Sword Fighting	Netball	Cricket Dynamos	Kayak/Lacrosse/ Wheels Extreme

ACTIVITY Finder

FIND YOUR CHILD'S GROUP, BASED ON THEIR AGE AND THE FIRST LETTER OF THE SURNAME YOU BOOKED UNDER

Where there are multiple sports listed, you can choose which you would like to do. Head to the relevant zone at the start of each session. If your first choice is full, go on to one of the other sports on offer.

SATURDAY

	Lions Age 8/9 - N-Z	Jaguars Age 10 - A-J	Rhinos Age 10 - K-Z	Leopards Age 11 - A-K
09:30	Welcome			
Session 1 10:00	Judo/Medieval Sword Fighting	Hockey	Football	Taekwondo/ Archery
Session 2 11:15	Dodgeball	Kayak/Lacrosse/ Wheels Extreme	Cricket Dynamos	Hockey
Session 3 12:30	Netball	Dodgeball	Golf/Trampolining/ Skipping	Cricket
13:15	Lunch			
Session 4 14:15	Rugby	Netball	Dodgeball	Kayak/Lacrosse/ Wheels Extreme
Session 5 15:30	Boxing	Rugby	Netball	Dodgeball
Session 6 16:45	Golf/ Trampolining	Judo/Medieval Sword Fighting	Kayak/Lacrosse/ Wheels Extreme	Netball

SUNDAY

	Morning Briefing			
Session 7 10:00	Kayak/Lacrosse/ Wheels Extreme	Boxing	Rugby	Athletics
Session 8 11:15	Football	Athletics	Hockey	Judo/Medieval Sword Fighting
Session 9 12:30	Athletics	Golf/Trampolining/ Skipping	Taekwondo/ Archery	Rugby
13:15	Lunch			
Session 10 14:15	Cricket Dynamos	Football	Boxing	Golf/Trampolining/ Skipping/Kayak
Session 11 15:30	Taekwondo/ Archery	Cricket Dynamos	Judo/Medieval Sword Fighting	Boxing
Session 12 16:45	Hockey	Taekwondo/ Archery	Athletics	Football

ACTIVITY Finder

FIND YOUR CHILD'S GROUP, BASED ON THEIR AGE AND THE FIRST LETTER OF THE SURNAME YOU BOOKED UNDER

MINIS Programme

Where there are multiple sports listed, you can choose which you would like to do. Head to the relevant zone at the start of each session. If your first choice is full, go on to one of the other sports on offer.

SATURDAY

	Bears Age 11 - L-Z	Broncos Age 12	Storm Age 13/14	Heat Age 15/16/17
09:30	Welcome			
Session 1 10:00	Netball	Athletics	Golf/Rowing/ Battle Games	Boxing
Session 2 11:15	Football	Taekwondo/ Rowing/Archery	Netball	Athletics
Session 3 12:30	Kayak/Lacrosse/ Wheels Extreme	Hockey	Football	Judo/ Rowing
13:15	Lunch			
Session 4 14:15	Cricket	Judo/ Rowing	Hockey	Football
Session 5 15:30	Taekwondo/ Archery	Cricket	Lacrosse/Rowing/ Battle Games/ Wheels Extreme	Hockey
Session 6 16:45	Dodgeball	Rugby	Cricket	Taekwondo/ Rowing/Archery

SUNDAY

	Morning Briefing			
Session 7 10:00	Hockey	Football	Judo/ Rowing	Golf/Trampolining/ Battle Games
Session 8 11:15	Boxing	Kayak/Lacrosse/ Wheels Extreme/ Rowing	Rugby	Netball
Session 9 12:30	Judo/Medieval Sword Fighting	Boxing	Dodgeball	Cricket
13.15	Lunch			
Session 10 14:15	Athletics	Netball	Taekwondo/ Rowing/Archery	Lacrosse/Wheels Extreme/Battle Games
Session 11 15:30	Golf/ Trampolining	Dodgeball	Athletics	Rugby
Session 12 16:45	Rugby	Trampolining/Golf/ Rowing	Boxing	Dodgeball

SATURDAY

	Eagles Age 5/6 - A-F	Seahawks Age 5/6 - G-K	Ospreys Age 5/6 - L-Z
09:30	Welcome		
Session 1 10:45	Athletics	Judo	Trampolining
Session 2 12:00	Rugby	Trampolining	Football
13:15	Lunch		
Session 3 15:00	Skipping	Football	Rugby
Session 4 16:15	Trampolining	Rugby	Judo

SUNDAY

	Morning Briefing		
Session 5 10:45	Football	All Stars Cricket	Hockey
Session 6 12:00	Hockey	Wheels Extreme	All Stars Cricket
13:15	Lunch		
Session 7 15:00	Dodgeball	Hockey	Athletics
Session 8 16:15	All Stars Cricket	Athletics	Wheels Extreme

Rugby Tots will be running various sessions for the under 5yr olds throughout the weekend. Visit the Mini Rugby zone for details.



Tots Activity Programme

Under 5s (unless specified)

Saturday Sessions

10-10:30	Sporty Workshop	Mini Monkey Gym
10:30-11:00	Sensory Music and Dance	BeeBops
11-11:30	Parent and Toddler Yoga	Mini Monkey Gym
11:30-12:00	Sensory Music and Dance	BeeBops
12-12:30	Parachute Fun Time	Mini Monkey Gym
13:15	Lunch	
14:15-14:45	Sporty Workshop	Mini Monkey Gym
14:45-15:15	Sensory Music and Dance	Beebops
15:15-15:45	Parent and Toddler Yoga	Mini Monkey Gym
15:45-16:15	Sensory Music and Dance	Beebops
16:15-16:45	Parachute Fun Time	Mini Monkey Gym

Sunday Sessions

10-10:30	Sporty Workshop	Mini Monkey Gym
10:30-11:00	Sensory Music and Dance	Beebops
11-11:30	Parent and Toddler Yoga	Mini Monkey Gym
11:30-12:00	Sensory Music and Dance	Beebops
12-12:30	Parachute Fun Time	Mini Monkey Gym
13:15	Lunch	
14:15-14:45	Sporty Workshop	Mini Monkey Gym
14:45-15:15	Sensory Music and Dance	Beebops
15:15-15:45	Parent and Toddler Yoga	Mini Monkey Gym
15:45-16:15	Sensory Music and Dance	Beebops
16:15-16:45	Parachute Fun Time	Mini Monkey Gym